

Headteacher

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10th January 2018

Skip-Hop Day with Skip-Hop on 15th January 2018

Dear Parents/Carers,

I am delighted to inform you that we have Skip-Hop for a day of skipping on the above date. Every child has the opportunity to take part in one of the workshops funded by the school in which they will learn a selection of moves, including individual moves, double-dutch, long rope, and partnership skipping. The day culminates with demonstration of skipping skills performed by children chosen from each workshop.

Skip-Hop has presented demonstrations to over 3,000 schools throughout the UK and Ireland, China and South America. Their aim is to encourage children and adults to skip for health, fun and fitness, whilst introducing traditional skipping games back into the school playground. The school supports these aims wholeheartedly. Further information can be obtained from their website www.skip-hop.co.uk

Superb quality speed ropes are available for children of all ages. For parents who are interested in skipping with their children or who simply want some useful exercise themselves, there are adult ropes, family ropes and double-dutch ropes available.

Skip-Hop will be selling skipping ropes after school on Monday.

Children's ropes - **£4**

Xtenders - **£3**

Double dutch ropes 4.5m - **£10** per pair

Adult ropes 2.7m - **£5**

Family ropes 4.5m - **£6**

Yours sincerely

John Galvin
Headteacher